
REGULATIONS



SavageNatur
Events



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VERY IMPORTANT

- It will be based on ethics and essential values: solidarity and respect for the organisation, the runners, the volunteers, the sponsors, the partners and the public, combined with healthy sporting practice.
- Aware of the immense privilege of those who can run in total freedom along mountain paths, it is essential to share this illusion with all those who cannot fully enjoy nature.
- Most of the route will be on mountain paths, following the trails of eleven pre-marked short walks. Given its unique characteristics, the Marão is the most rugged of the various mountain ranges in mainland Portugal, despite its low altitude.
- By validating the entry, the athlete is agreeing in full to these regulations.
- The veracity of the data provided is the responsibility of the participant, including for insurance purposes.
- If a participant is unable to take part in the event, the organisation will refund the entire registration fee, only if the participant subscribes to the Registration Guarantee and during the periods covered.
- In the event that weather conditions or force majeure make it impossible to hold the event and lead to its cancellation by 20.03.2025, only validated entries that have subscribed to the Entry Guarantee will be automatically transferred to the 2026 edition. All others (who have not subscribed to the Entry Guarantee) will receive a 30 per cent discount on the entry fee for the corresponding race in the 2026 edition.
- Given the urgent need to preserve a natural heritage of enormous wealth, we want you to enjoy it in full communion with nature, respecting and protecting it. We therefore urge you to comply with directives of the competent authorities.
- For reasons of sustainability, no plates, spoons or glasses will be provided, so each athlete is responsible for taking with them the container(s) they deem most suitable for their food (preferably also for hot food).
- The organisation may momentarily stop a runner or force them to abandon the race if it considers that their condition endangers their physical integrity and safety.
- Except in the event of injury or force majeure, the athlete is only allowed to leave the race at a petrol station. Athletes are not allowed to deviate from the marked route without informing the

organisation and being duly authorised by it. If they do so and do not duly justify their conduct, the athlete is liable in both situations to be prevented from registering for this organisation's events in subsequent years for a period to be determined.

- If it is impossible to cut off road traffic at some crossings, participants must comply with the traffic rules on public roads, and must respect agricultural areas and private property under penalty of having to assume potential damages and compensation resulting from their non-compliance.
- The organisation will always use reusable and recyclable material to mark the routes, which will be covered on foot until the day of the event.
- The clearing of the marked course will take place immediately after the last participant has passed ("broom" closure).
- The organisation is not responsible for any property left behind by any of the volunteers during the athlete's participation in the race.
- The organisers reserve the right to change the distances and gradients if they see fit, but in the case of gradients, this change must not exceed 20%, except for reasons of force majeure,
- All participants waive the right to use their image and authorise the organisation, its sponsors and partners to freely use and publish any photographic or video recordings taken in the context of the race.
- All the information about the event can be found at: utmarao.pt.
- These regulations are subject to change without prior notice.

1. Conditions of participation

1.1. Age of participation

The Ultra Trail do Marão is intended for competitive races only for participants aged 18 or over.

The Marão Walk is open to everyone. Children under the age of 10 must be accompanied by an adult throughout the route.

1.2. Registration regularised

In order to take part in the ULTRA TRAIL OF MARÃO, the athlete must have their registration previously regularised within the established deadlines and accept all the rules contained in these regulations. This acceptance is automatically confirmed by the simple act of registering.

1.3. Physical conditions

It is essential to have the right physical condition and experience for the characteristics of this race. These are demanding semi-autonomous races that are extremely tough, have high mileage and take a long time to complete, mountainous and sometimes very technical terrain, as well as steep gradients and unpredictable weather conditions. It should be noted that the terrain in which the race takes place is subject to sudden and sometimes extreme weather changes, so athletes may be exposed to meteorological situations as diverse as: heat, cold, strong wind, dense fog, snow, ice and heavy precipitation. It is essential that the athlete has a sense of self-management of effort, both physical and mental, in the face of very difficult, sometimes extreme situations to which they may be exposed, without immediate help or rescue being possible. The athlete must also know how to act in the event of minor injuries, stomach ailments and other normal situations arising from mountain activities.

1.4. Possibility of external help

Support for athletes by people from outside the organisation is only permitted at the announced refuelling stations and by a single person. For coordination reasons, the person in charge of the refuelling station may also prohibit or limit the access of companions in order to facilitate the management of the race or on the recommendation of the DGS or other competent authorities. It is recommended that athletes take some cash with them to cover any unforeseen circumstances and, if necessary, they can refuel at the restaurants in the villages they pass through. Even so, in accordance with **point 1.3**, it is important for the athlete to be fully aware of their needs during the race, as well as their ability to resolve problems in unexpected situations.

1.5. Dorsal

The dorsal is personal and non-transferable. If it is proven that it has been misused or given to another athlete, the athlete will be immediately removed from the race and disqualified, and the two offenders will be prevented from registering for the organisation's events in subsequent years for a period to be determined. During the race, the dorsal must remain in a place that is easily visible to the organisers and other entities that support and/or collaborate with the race. It should be worn on the chest or waist and may not be cut out, folded or altered.

1.6. Sporting behaviour

Inappropriate behaviour, the use of offensive language, verbal aggression or aggression of any other kind will be reported to the authorities whenever the act merits it.

2. The Race

2.1. Race presentation / Organisation

The Ultra Trail of Marão is a genuine trail running sporting event co-organised by Associação Desportiva Marão Trail and SavageNatur Events®, which will take place on 27, 28, 29 and 30 March 2025.

The Marão mountain range will be the main stage for this fantastic adventure, which fearless adventurers have dared to run since the launch of the Ultra Trail of Marão in 2014, leaving enchanted by these landscapes and returning year after year to fall in love over again.

(find out more about the pillar event [here](#)).

The event has already attracted athletes from more than three dozen different nationalities. For 2025, the Ultra Trail of Marão will once again have several distances to the delight of nature sports enthusiasts.

2.2. Races*

Competitive:

The **Ultra Trail do Marão Endurance (UTME)** starts at Largo do Conde de Vila Real, in Mondim de Basto (41.41108, -7.95273) and finishes at Parque do Ribeirinho, in Amarante (41.267103, -8.080433).

The **Ultra Trail do Marão (UTM)** starts in Ansiães (41.250295, -7.953501), in the municipality of Amarante, right in the heart of Marão, and also finishes in Parque do Ribeirinho, in Amarante.

The **Trail do Marão (TM)** starts in the parish of Teixeira (41.190783, -7.922977), in the municipality of Baião and also finishes in Parque do Ribeirinho, in Amarante.

The **Mini Trail do Marão (MTM)** starts in Campelo, the seat of the municipality of Baião (41.164240, -8.034286), and finishes in Parque do Ribeirinho, in Amarante.

The **Trail do Marão Curto (TMC)** starts in Aldeia Velha (41.209609, -8.035792), and finishes in Parque do Ribeirinho, in Amarante.

Non-competitive:

The **Marão Walk** starts and finishes at Parque do Ribeirinho, in Amarante (41.267103, -8.080433).



RACE	KMS	D +	D -	MOUNTAIN
UTME 120K	118,5	7.560	7.670	Marão, Alvão, Aboboreira
UTM 60K	62,6	4.070	4.410	Marão, Aboboreira
TM 40K	40,4	2.310	2.660	Marão, Aboboreira
MTM 25K	25,6	876	1.370	Aboboreira
TMC 15K	14,6	376	1.064	Aboboreira
Walk 6K	10	100	100	- - -

* the place of departure/arrival may change for reasons of force majeure.

2.3. Programme

All the information can be found at utmarao.pt.

2.4. Altimetry map / profile

All the information can be found at utmarao.pt.

2.5. Ticket tables

All the information can be found at utmarao.pt.

2.6. Time limit

The runner who withdraws must notify the organisation of their abandonment, informing them of their dorsal. The athlete's voluntary abandonment of the race is their sole responsibility and they will be held liable for any possible damage resulting from it.

Time limits for UTM race:

RACE	HOME		END		LIMIT
	DAY	TIME	DAY	TIME	
UTME 120K	28.03.2025	21:00	30.03.2025	05:00	32 H
UTM 60K	29.03.2025	08:00	30.03.2025	01:00	17 H
TM 40K	29.03.2025	10:00	29.03.2025	20:00	10 H



MTM 25K	30.03.2025	08:30	30.03.2025	14:30	6 H
TMC 15K	30.03.2025	09:30	30.03.2025	14:30	5 H
Walk 6K	30.03.2024	11:00	24.03.2024	13:00	3 H

The competitive races will conclude with the closing of the Finish Line at 14:30 on Sunday.

2.7. Time barriers

The time barriers at the refuelling stations will always take into account the athlete's departure and not their entry.

All the information can be found at utmarao.pt.

2.8. Checkpoints

The number and location of the checkpoints will not be communicated by the organisation and may be located anywhere along the route.

2.9. Time control methodology

The timing control will be carried out using a chip that the athlete must validate at each of the checkpoints. The timing service will be provided by [Stop and Go](#) and bibs will be supplied with integrated chips.

2.10. Refuelling, Departures and Arrivals

The clock will start ticking at the established time, with or without the participants present. At the finish line, after crossing the finish line, all participants will conclude their participation.

2.11. Supplies

At the entrance to the refuelling stations, athletes may be required to disinfect their hands if necessary. All participants are advised to maintain a correct and courteous procedure.

Only UTME and UTM participants will be allowed to have support from an external element at the refuelling stations, where the latter must enter at the same time as the athlete at the refuelling station in order to provide the necessary support and leave immediately after the former.

External support elements must comply with the same safety rules as those determined by the organisation on site.

The organisers will manage the smooth running of the refuelling stations and compliance with the rules of safety, particularly with regard to the length of time spent in them, always appealing to the common sense of those involved, so, with the exception of the organisers and volunteers, everyone else should only remain in the refuelling station for as long as is strictly necessary.

Participants and external support staff must always follow the instructions of the organisers,

which may be diferente for each of the refuelling stations.

At the living base, participants will also have a rest and shower area.

2.10.1. Food in Supply

The various races in this event take place semi-autonomously, so it is essential that each athlete is accompanied by a minimum amount of calories and liquids in order to fulfil their real needs between refuelling stations. There are various types of refuelling points along the route:

- Light (drinks, sweet foods)
- Consistent (drinks, sweet foods, savoury foods)
- Very consistent (drinks, sweet foods, savoury foods and soups)
- Complete (drinks, sweet foods, savoury foods, soups and pasta)

The following food items will be available: oranges, bananas, crisps, various biscuits, nuts, chocolate, tea, salt, water, soft drinks and isotonic drinks.

In addition to these, we'll have other foods that will vary throughout the refuelling sessions, depending on what the organisation thinks is most advisable: soup/ chicken soup, various types of pasta, ham, cheese, vermicelli, cakes, energy bars, watermelon, apples, tomates, sausages, steaks, coffee/barley, beer, ...

The specific composition of the food to be had in each of the supplies will not be announced.

We would also like to inform you that, for reasons of sustainability, **no plates, spoons or cups will be provided for refuelling, so each athlete is responsible for taking them the container(s) they deem most suitable for their food (preferably also for hot food).**

After refuelling, athletes must leave for the Food Court, complying with the safety rules in place.

2.12. Individual bags for the life base

Runners individual bags can be deposited at the Athlete Space, next to the Secretariat, up to 30 minutes before the start of the UTM Endurance 120K and duly identified with the card/sticker that will be supplied with the athlete kit. They will then be transported to the Life Base, KM 56, in Ansiães. They will be guarded and available for collection again at the same location from 15:00 on 29.03.2025. When they are deposited/picked up, either at Athlete Space or Life Base, the athlete will sign for the procedure carried out. The contents will not be checked at the time of deposit, so the organisation cannot be held responsible for any loss or misplacement of the runners individual bags. We advise you not to leave any valuables inside them. After the end of the event, no bag can be reclaimed if it is found that the runner has not bothered to pick it up.

Please note that poles are not allowed inside the life bags. Please note that when transported, the poles may cause damage to the bag itself and to some of the other bags.



2.13. Mandatory and recommended material

Compulsory material may be checked along the route at any time during the race, from the zero check until the moment after the participant finishes the race.

COMPULSORY MATERIAL	UTME 120 K	UTM 60 K	TM 40 K	MTM 25 K	TMC 15 K	Walk 6 K
Dorsal	✓	✓	✓	✓	✓	⊘
Whistle	✓	✓	✓	✓	✓	⊘
Waterproof jacket with hood	✓	✓	*	*	*	*
Operational mobile phone	✓	✓	✓	✓	✓	✓
Survival blanket	✓	✓	✓	✓	✓	⊘
Reusable cup	✓	✓	✓	✓	✓	⊘
Water reserve	1L	1L	1L	500 ml	500ml	⊘
Food security reserve	✓	✓	✓	✓	⊘	⊘
Food pack (bowl and cutlery)	✓	✓	✓	⊘	⊘	⊘
2 operational fronts	✓	✓	⊘	⊘	⊘	⊘
Red rear light	✓	⊘	⊘	⊘	⊘	⊘
Long-sleeved thermal jumper	✓	✓	*	*	*	*
Adhesive elastic band	✓	✓	✓	✓	✓	⊘
Waterproof trousers	*	*	*	*	*	*
Gloves	*	*	*	*	*	*
Cap / Beanie	*	*	*	*	*	*

RECOMMENDED MATERIAL	UTME 120 K	UTM 60 K	TM 40 K	MTM 25 K	TMC 15 K	Walk 6 K
GPS system	✓	✓	⊘	⊘	⊘	⊘
Sticks	✓	✓	⊘	⊘	⊘	⊘
Pirate trousers	✓	✓	⊘	⊘	⊘	⊘

** Depending on the weather conditions, the organisation will announce in good time (no later than 1 hour before the event), by registration email or during the pre-race briefing, whether any other material will become compulsory).*



Regardless of the weather conditions, participants must carry all the material they consider necessary throughout the challenge, considering it their **"Survival Kit"**. This material is determined individually by each athlete and is considered an individual complement to the Compulsory Material, so it is advisable to always accompany athletes in mountainous terrain that is difficult to access.

Every athlete must have the mandatory material for the duration of the race, otherwise they will be disqualified.

2.14. Disqualifications in the race

There are various disqualification times indicated on the utmarao.pt website (**Ticket Tables**). These times may have to be modified at any time by the organisation.

Athletes who cross the time barriers will be immediately disqualified and will be stripped of their bib by the organisers. If the athlete wishes to follow the route, they may do so at their own risk, and once they are no longer in the race, they will not be able to provide any kind of assistance along the rest of the trail.

Time barriers will always take into account when athletes leave the petrol station, not when they enter. The Race Jury will monitor the application of these regulations, accepted by the athlete at the time of registration, and will be authorised to apply the penalties provided for therein.

The Race Jury, made up of the event director, a representative of the security team and a representative from among the athletes, is responsible for assessing all complaints. These must be resolved within 24 hours of the end of the race and included in the Final Minutes.

VIOLETION OF THE RULES	DISQUALIFICATIONS
Failure to comply with this regulation	✓
Not completing the entire route	✓
Voluntarily disposing of rubbish	✓
Damaging or modifying material placed by the organisation	✓
Not assisting another participant in difficulty	✓
A piece of compulsory safety equipment is missing	✓
Not passing through a checkpoint	✓
Disrespecting the instructions of members of the organisation or its employees	*



Behaving in na unsportsmanlike manner	*
Voluntarily causing na accident	*
Abandoning the race without notifying the organisation	*

(*) The organisation reserves the right to deny the athlete participation in future editions.

2.15. Complaints

Complaints can be submitted in writing to the Race Jury.

They must be submitted no later than 2 hours after the online publication of the classifications per race, or the participant's completion of the race. These will only be accepted after a €50 deposit has been paid, wich will only be reimbursed if the Race Jury considers the complaint to be justified.

Complaints must be submitted in writing and sent by email to geral@utmarao.pt. They must comply with the following minimum format:

- Name and surname of the person carrying it out;
- Citizen card number or similar;
- Name(s) and surname(s) of the person(s) affected;
- Bib number(s);
- Situations they allege.

2.16. Responsibility towards the athlete/participant

- A inscrição na prova implicará total aceitação do presente regulamento.
- Registration for the race implies full acceptance of these regulations.
- Participants will be responsible for all actions likely to cause material, moral or other damage to themselves and/or third parties.
- The organisation declines all responsibility in the evento f na accident, negligence or theft of objects and/or valuables belonging to participants, members of their support teams or others.
- The organisation, as well as any persons or entities involved in the organisation of the race, are exempt from any liability resulting from the acts described above.
- During the race, athletes may overtake as long as they do not put their own integrity and that of their competitors at risk, taking care to signal it and always keeping a distance of 2 metres from the athlete being overtaken. Athletes must facilitate the overtating manoeuvre by deviating as much as possible or stopping if necessary.

2.17. Sports insurance

The organisation contracts the insurance required by law for this type of event. The insurance premium is included in the entry fee, so all participants will have personal accident insurance during the race (1), in accordance with the legislation in force in the Basic La won Physical Activity and Sport (Decree-Law 10/2009), with compulsory minimum capital:

- Death or Permanent Disability € 30.363,38
- Treatment costs (2) € 4.858,14
- Funeral expenses € 2.429,07

Subject to payment of excess

€ 75,00

(1) The policy capital (number of people in the same place of risk / means of transport x capital per person) is limited to €7.000.000.

(2) An excess of €75,00 per claim and insured person will apply to Treatment and Repatriation Expenses.

Payment of the insurance excess in the event of an accident is the sole responsibility of the participants. The organisation will not cover the costs of accidents of which it was not aware in time to file the insurance claim, normally within three days of the race taking place. The insurance works on a reimbursement basis. The organisation acts as an intermediary between the injured party and the insurance company, and does not assume the costs of the former.

In the event of the athlete having to be rescued by external means such as a rescue team or helicopter, the financial costs of this service will be borne in full by the injured athlete.

3. Registration

3.1. Registration process (web page)

Entries will be made via the stopandgo.com.pt website. Automatic references, by way or credit will be generated for payment of registration for the ULTRA TRAIL DO MARÃO. Participants will receive an e-mail with their payment details and/or confirmation. When registering, the athlete will be able to request an invoice in the Athlete's Area up to 72 hours after payment. In case of need contact the organisation at geral@utmarao.pt.

3.2. Registration fees and periods

Online registration opens on 1 September 2024 at 21:00 and closes on 9 March 2025 at 23:59 or when the registration limits are reached.

PHASES	PERIOD		UTME	UTM	TM	MTM	TMC
	HOME	END	120 K	60 K	40 K	25 K	15K
Promo (2)	01.09.2024	03.09.2024	80 €	45 €	35 €	25 €	16 €
1st Phase (1)	04.09.2024	15.12.2024	95 €	55 €	40 €	30 €	20 €
2nd Phase (1)	16.12.2024	23.02.2025	110 €	65 €	48 €	35 €	24 €
3rd Phase (1)	24.02.2025	09.03.2025	130 €	80 €	60 €	40 €	30 €



- (1) Participating in the **ULTRA TRAIL DO MARÃO** now brings a few more advantages, which are not cumulative, either for the athlete who already has a track record or for the local inhabitants. The athlete must contact the organisation at geral@utmarao.pt before validating the payment of their registration, otherwise it cannot be claimed.

Like this:

- a. Any athlete who has previously taken part in any Editions of the **ULTRA TRAIL DO MARÃO** can request a voucher for a discount on their entry fee based on their history:
 - a. (with 1 participation) will get a 5% discount,
 - b. (with 2 participations) will get a 10% discount,
 - c. (with 3 or more participations) will receive a 15% discount.
- b. Participants residing or born in one of the municipalities through which the **ULTRA TRAIL DO MARÃO** (Amarante, Vila Real, Mondim de Basto, Baião or Santa Marta de Penaguião) may request a voucher for a 10% discount on their registration fee. To do so:
 - a. (if resident) you must request proof of residence from the local parish council,
 - b. (if natural) request proof of naturalisation from the civil registry office.
- c. Participants can also benefit from a discount on their registration fee as follows:
 - a. Those aged 60 or over, if made by 31.12.2024, benefit from a 100% discount on the registration fee;
 - b. If you have a disability of 60 per cent or more, and send a Multipurpose certificate to prove it, you will receive a 15 per cent discount on the registration fee.

- (2) Heading (1) of this Article 3.2 may not be applied at this stage.

- (3) Participants may pay their entry fee in two equal payments without any additional charges for the UTME 120K race only, in which case, regardless of when they start the phased payment, a new payment reference will automatically be issued on 10.01.2025 with the remaining entry fee due.

By opting for this phased payment option, the participant undertakes to comply with the payment, and if they fail to do so in good time (within **72 hours** of receiving the new payment reference), they will lose the entire amount previously spent and will not be reimbursed.

New phased payment references will always be sent to the email address listed in your Athlete Area.

- (4) Entries validated by the closing date will receive technical merchandise for the race in their Athlete's Kit.

Registration limit:

- UTME 120K: 300 participants
- UTM 60K: 400 participants
- TM 40K: 400 participants
- MTM 25K: 500 participants
- TMC 15K: 300 participants
- Walk 6K: 600 participants

The limit of places for each of the races will only change if the Organisation considers that all the conditions are met.

The **Caminhada do Marão** will have a fixed registration fee of €15 (with lunch provided) or €10 (without lunch provided). For participants up to the age of 10 on 31 December 2024, the entry fee will be €5.

Registration will be open for the Walk until 27.03.2025, however, the giveaways will only be guaranteed for registrations validated until 16.03.2024.

There will be a 20 per cent discount on the registration fee for groups of eight or more.

Once all the minimum costs necessary to organize the activity have been taken care of, the rest of the Money raised from registrations will be given to [Cercimarante](#).

3.3. Registration by team

By registering from 01.09.2024 for the same team, you bring advantages and can benefit from a group discount on competitive races. To do this:

a) If at the **same** distance:

- With 5 or more members, access to a 10% discount on the entry fee;
- With 10 or more members, access to a 15 per cent discount on the entry fee.

b) If at a **different** distance:

- With 5 or more elements, access to a 5% discount on the registration fee;
- With 10 or more members, access to a 10 per cent discount on the entry fee;
- With 20 or more members, access to a 15% discount on the entry fee.

Teams must contact the Organisation at geral@utmarao.pt and claim their voucher before validating payment of their entry fee, otherwise it cannot be claimed.

These advantages are not cumulative with all others and will only be valid from the 1st phase, which starts on 04.09.2024.

3.4. Registration by competitiveness index

We value the competitiveness of the participating athlete.

Athletes can therefore benefit from a discount or exemption from the entry fee depending on their ITRA performance.

To benefit from the discount, send an email to geral@utmarao.pt with your personal ITRA account link before validating your registration payment, otherwise it cannot be claimed.

	MALE ATHLETES			FEMALE ATHLETES		
RACES	25% OFF	50% OFF	FREE REGISTRATION	25% OFF	50% OFF	FREE REGISTRATION
UTME	750	800	850	580	630	680
UTME	750	800	850	580	630	680
TM	750	800	850	580	630	680
MTM	750	800	850	580	630	680
TMC	740	800	850	570	630	680

3.5. Athlete Kit

The entry fee will include what is described in the table below.

However, the organisation may replace some of these offers with similar ones.

If the athlete cancels their registration or fails to collect their athlete's kit from the secretariat by the time it closes, they will immediately lose it.

ATHLETE KIT	UTME	UTM	TM	MTM	TMC	Walk
	120 K	60 K	40 K	25 K	15 K	6 K
Dorsal	✓	✓	✓	✓	✓	✓
Official UTM training shirt	✓	✓	✓	✓	✓	✓
Official Walk training shirt	✗	✗	✗	✗	✗	✓
Personal accident insurance	✓	✓	✓	✓	✓	✓
Supplies	✓	✓	✓	✓	✓	✓
Finalist prize	✓	✓	✓	✓	✓	✓



Security and rescue service	✓	✓	✓	✓	✓	✓
Transfer to Departure	✓	✓	✓	✓	✓	✓
Transport to ALDEIA UTM if you give up at the time barrier locations	✓	✓	✓	✓	✓	✓
Baths	✓	✓	✓	✓	✓	✓
Food reinforcement in Aldeia UTM	✓	✓	✓	✓	✓	✓
Finalist (<i>download online</i>)	✓	✓	✓	✓	✓	✓

3.6. Registration Guarantee

Subscribing to the Registration Guarantee will allow the athlete registered until 28.02.2025, in the event of cancellation, to be reimbursed all or part of their registration fee (*see article 3.6*).

PERIOD		UTME	UTM	TM	MTM	TMC	Walk
HOME	END	120 K	60 K	40 K	25 K	15 K	6 K
01.09.2024	09.03.2025	15 €	9 €	6 €	5 €	3 €	2 €

3.7. Modification of registration

An athlete registered from 01.09.2024 onwards can modify their registration for any of the other races in their Athlete Area, as long as there are places available and registration is not closed. **Each registration is personal and non-transferable, so the registered athlete cannot request that it be changed to another participant.** Modification of registration will only be accepted under the following conditions:

- For a request to change to a race of a longer distance, the athlete will be charged the difference in the registration fee for the stage corresponding to that last change;
- For a request to change to a shorter distance race, no entry fee will be refunded. Except if the Registration Guarantee is subscribed. In this case, the athlete will be reimbursed for the difference in value of the corresponding stage, and should contact the organisation at geral@utmarao.pt.

3.8. Cancellation of registration

An athlete registered as of 01.09.2024 can request cancellation of their registration if they are unable to take part in the race, by sending the appropriate information to geral@utmarao.pt. The athlete will be contacted in due course by the same e-mail address so that they can **be reimbursed for all or part of their entry fee**. The premium for subscribing to the Registration Guarantee will not be included in the refunded amount. If the athlete cancels their registration, they will lose their Athlete's Kit. Registration will never be carried over to the next edition. The athlete will be reimbursed under the following conditions:

a. when the Registration Guarantee is **subscribed**:

- For a request up to 28.02.2025, 100% of the registration fee will be refunded;
- For a request from 01.03.2025 until 14.03.2025 (deadline 12:00), you will receive a voucher for 70% of the entry fee to be deducted from the 2025 edition. This voucher will be stored and visible in your Athlete Area, ready to be used when registration for the 2026 edition opens, and will be valid for 30 days.

b. if you have **not subscribed** to the Registration Guarantee:

- In the event of not being able to take part or the race being cancelled, there will be no refund of the entry fee and it will not be carried over to the next edition.

3.9. Transport service

There will be several optional transfers to facilitate logistics for athletes who are not travelling as a family or group. The transfer should be arranged by Terra Pedestre via the link (see [here](#)):

- 27 March 2025, 09:00 - Transfer from Porto airport to the centre of Amarante (around 50 mins), cost 25€; book at the time of registration.
- 30 March 2025, 17:00 - Transfer from Parque do Ribeirinho, Amarante, to Porto airport (around 50 mins), cost 25€; book when you register.

If there are enough people interested, Terra Pedestre may be able to organise a transfer on another date from Porto to Amarante. Those interested should inform info@terrapedestre.pt by 15 March 2025.

The transport of athletes from the UTM Village to the UTME 120K, UTM 60K, TM 40K, MTM 25K and MTC 15K starting points is guaranteed upon validation of registration and will not cost the participant anything.

3.10. Collection of the Athlete's Kit

In order to make it easier for athletes taking part in the **Ultra Trail do Marão**, the organisation, in collaboration with several of its partners, may offer athletes the chance to collect their Athlete's Kit from various locations. These will be announced in due course. At the end of the stipulated period, all athlete kits will be collected by the Organisation and will be available at the Event Secretariat until it closes.

These options will be available in the Athlete's Area in due course and it is the registrant's sole responsibility to choose. When travelling to these areas, the participant must be accompanied by an identification document. If the athlete does not have their bib at the start (after having the athlete's kit in their possession in good time), they must go to the Secretariat in good time and request a new bib, providing proof of their registration. This service will cost the athlete €5 at the time and their previous bib number will be cancelled immediately.



If you collect your Athlete's Kit on time, you will not be able to cancel your entry.
The Athlete's Kit will be available for collection until the Secretariat closes. After this, the athlete will immediately lose the right to their Athlete's Kit.

3.11. Race secretariat

The Secretariat in the UTM Village will have the following opening hours:
(see article 2.3)

All participants must collect their Athlete's Kit on the scheduled days and at the scheduled times, in order to avoid constraints at the Secretariat and to facilitate compliance with the implemented guidelines. They must be accompanied by an identification document. The organisation will not provide pins for the bibs.

As the Athlete's Kit contains one item of compulsory material for the race, the bib, it can only be picked up by the athlete themselves.

4. Rankings and prizes

4.1. Classifications

CLASSIFICATIONS	M / F	UTME 120 K	UTM 60 K	TM 40 K	MTM 25 K	TMC 15 K	Walk 6 K
General	1º, 2º, 3º, 4º e 5º	✓	✗	✗	✗	✗	✗
	1º, 2º e 3º	✗	✓	✓	✓	✓	✗
Under - 23 18-22 years old		✓	✓	✓	✓	✓	✗
Seniors 23-39 years		✓	✓	✓	✓	✓	✗
Veterans I 40-49 years		✓	✓	✓	✓	✓	✗
Veterans II 50-59 years		✓	✓	✓	✓	✓	✗
Veterans III + 60 years		✓	✓	✓	✓	✓	✗
Teams*		✓	✓	✓	✓	✓	✗

(*) Teams will be classified by their three best members, male and female separately (there will be no mixed classification), and the team with the lowest number of points wins. Each point will be awarded according to the overall ranking of its members. For example, an athlete finishing 11th will be awarded 11 points.

In the event that some of the races are part of the ATRP national circuit, the classes provided for in the ATRP regulations will apply to the races that are part of the corresponding circuits, but only for classification, not for awards.

For the purposes of classifying and scoring athletes in the classes, the ATRP rule will be used and the athlete's year of birth will be taken into account, i.e. the age the athlete will be on 31 October of the current competitive season. Ex: An athlete who turns 40 on 31 October will be classified in the M40 age group for the duration of the circuit.

4.2. Awards

The Awards Ceremony will take place at Aldeia UTM, located in Parque do Ribeirinho, Amarante, and will begin (*see article 2.3*). If absent, the athlete will receive their prize as soon as they arrive at the ceremony area or finish their race. If they are unable to present themselves in time, someone representing them may collect their prize, but they will not be given the chance to stand on the podium.

No prize may be claimed at the end of the event. Prizes will never be sent by post.

4.3. Finalists

All athletes who complete the race will receive a memento of their participation.

5. Information

5.1. How to get there

You can find the location of the UTM Village at: utmarao.pt/como-chegar/

5.2. Interactive Map

You can consult all the information on the routes and locations of the Ultra Trail do Marão on our [Mapa Interativo](#).

6. Environmental responsibility

The athlete is solely responsible for transporting all wrappers and natural waste (even if biodegradable) from gels, bars and/or other items. You must deposit the waste at the nearest refuelling station, or carry it and, as soon as possible, deposit it in the designated containers placed at various appropriate locations along the route.



Do not leave rubbish in the wild, respect the flora and fauna, follow the route strictly and do not take shortcuts.

In conjunction with ADMT, SavageNatur Events®, aware of its responsibility with regard to the sustainability of the regions it covers and the resulting impact on the environment, the so-called Ecological Footprint, will focus all its communication on digital rather than physical formats (billboards, flyers, paper), as well as on medals and trophies (original, personalised products made from eco-friendly materials). SavageNatur Events® and ADMT would therefore like to offer everyone who decides to sign up for their events a small contribution of €5 (optional) towards the purchase of native trees. Together with the local partners who have accompanied us over the last few years, in this case the Ansiães Commoners' Council, SavageNatur Events® and ADMT are committed, with the funds raised, to implementing tree planting and reforestation actions in the geographical areas where they operate. These actions will be scheduled and carried out by SNE® following the guidelines of these local partners who, better than anyone, know the region, the species and the right times to plant. Athletes can join this initiative by selecting the “**Ecological Compensation**” option when registering, and take part in the initiative that SNE® will publicise through its communication channels in due course.

7. Social responsibility

Support, help and social integration are some of the biggest concerns we face nowadays. As such, SavageNatur Events® and ADMT, as promoters of the ULTRA TRAIL DO MARÃO, will be organising various initiatives with [Cercimarante](#), a crucial organisation in the support of people with mental disabilities in the region.

The Marão Walk is a circular route of solidarity and inclusion that aims to make everyone aware of the need for more effective concern for this important social response, and to which the Organisation undertakes to deliver all the associated added value.

8. Image rights

Under the terms of the General Data Protection Regulation (GDPR), acceptance of these regulations obligatorily implies that the participant authorises the race organisers and their official partners to share and publish their personal data necessary for the event, and the total or partial registration of their participation in the event also presupposes their agreement to the dissemination of the race in all its forms (radio, written press, video, photography, internet, posters, social media, etc.) and assigns all rights to its commercial and advertising exploitation that it deems appropriate to carry out, as well as the use of the athlete's data to receive information that this promoting organisation and its official partners wish to send him/her, and without the athlete's right to receive any economic compensation.

9. Support and emergencies

There will be support, rescue and emergency teams to provide essential care to participants who need it.

10. Change / cancellation of the race

The organisation reserves the right to make any changes it deems necessary for the safety of the athlete, depending on the different conditions at the time, especially adverse weather conditions, as well as to modify the routes, the disqualification times, the start time of each race or even the suspension or cancellation of the race, or even as long as the cancellation is decreed and/or advised by civil protection or higher authorities.

In the event of cancellation, the provisions of **point 3.6** will apply.

11. Omitted cases

Any cases not covered by these regulations which have not been regulated or which have been misinterpreted will be resolved by the Organisers, whose decisions will not be appealed.

All information is available at utmarao.pt.

Amarante, 4th August 2024